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# Numerical Analysis of Thermal Dependence of the Spectral Response of Polymer Optical Fiber Bragg Gratings

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### Abstract

The thermal dependence of the spectral response (i.e. transmission, reflection and time delay ( $\tau_r$ ) responses) of uniform polymer optical fiber (POF) Bragg gratings has been investigated. In addition to the temperature dependence, the effects of grating strength ( $kL_g$ ) and fiber index modulation ( $\Delta n$ ) have been investigated. Besides high capability of tunable wavelength due to the unique large and negative thermo-optic coefficient of POF, the spectral response for POF Bragg gratings show high stability and larger spectrum bandwidth with temperature variation compare with the silica optical fiber (SOF) Bragg gratings, especially with the increase of the  $kL_g$  value. It was found that by increasing  $kL_g$ , the peak reflectance value increases and the bandwidth of the Bragg reflector become narrower. Also it's shown by increasing the  $kL_g$  value,  $\tau_r$  deceasing significantly and reach its minimum value at the designed wavelength ( $\lambda_B$ ). Furthermore, the  $\tau_r$  for POF Bragg gratings is less than that for SOF Bragg gratings at the same value of  $kL_g$ . Also it's found that the peak reflectivity value increases to around 60% when the  $\Delta n$  value increases from  $1^{\times}10^{-4}$  to  $5^{\times}10^{-4}$ .

Index Terms—Fiber Bragg gratings (FBGs), polymer optical fiber (POF) Bragg gratings, temperature effect, spectral response.

### **I. INTRODUCTION**

One of the most significant development in the field of optical engineering over the last three decades has been the emergence of the fiber Bragg grating (FBG), which has the found major applications in telecommunications and sensor systems [1]. With the development of wavelength division multiplexed-passive optical network (WDM-PON) system for broad-band, networksecurity, and high-speed transmitted data capacity, FBGs have become indispensable elements in optical communications systems due to its unique features such as wavelength selectivity, high tunability, low-loss and characteristics [2, 3].

In addition to use FBGs as reflectors, wavelength tuning and fiber sensing are the two major applications for gratings fiber [4]. In these applications, the FBG is controlled by an external environment such as temperature [5-7]. The sensitivity of the Bragg wavelength to temperature arises from the change in period associated with the thermal expansion of the fiber coupled with a change in the refractive index arising from the thermo-optic [8-10].

However, for silica optical fiber (SOF) Bragg gratings, the thermal tunability is the problem, where the change in the Bragg wavelength due to the changes in temperature is very small, which are not meet the requirements for WDM systems since the expected bandwidth of these systems in the future will be more than 100 nm [10–12]. This is because the SOF Bragg grating has small thermal effect and large Young's modulus [13]. Though the range of the wavelength tunability can be increased by the compression [14], but the reproducibility and reversibility is very low [9]. Moreover, to satisfy this we need a complicated and bulky components lead to increase in the system cost [15-18].

In the case of polymer optical fiber (POF) Bragg gratings, the situation is totally different because the thermal effect is much more than those of SOF Bragg gratings [14]. For example, the Young's modulus for the polymer is (0.1 x 1010 N/m2) compare with (7.13 x 1010 N/m2) for silica, is more than 70 times smaller [13, 14], that make the tunability is much better than that of SOF Bragg gratings. In addition, POF Bragg grating has the merits of a negative and large thermo-optic effect, thereby, large refractive index tuning by heating can be obtained higher than for SOF Bragg gratings [15-16]. Consequently, high tuning range can be obtained easily by direct heating for POF Bragg gratings. Furthermore, the flexibility of the POF Bragg gratings can make the tunability extend beyond the thermo-optic effect limitation [20-28].

Because of the plurality promising applications for the POF Bragg gratings in optical communication systems and sensing fields, the temperature effect on its spectra response (i.e. transmission, reflection and time delay responses) is very important, attractive and indispensable to study. In this paper, the thermal dependence of the spectral response of POF Bragg gratings with uniform index change has been investigated for the first time, based on our best knowledge. The paper is structured as follows: The theory for the spectral response of fiber Bragg grating is given in Section 2. The simulation results are discussed in Section 3 followed by the conclusions.

## II. FIBER BRAGG GRATINGS SPECTRAL Response

Fiber Bragg gratings (FBGs) are in-fiber gratings operate by acting as a wavelength dependent stop-band filter formed by introducing a periodic perturbation of the effective refraction index within the core of an optical fiber [12]. Two important parameters characterize FBGs, namely, the modulation function of the fiber effective refractive index,  $n_{eff}$  and the length of the grating,  $\Lambda$ . Any change in the  $n_{eff}$  or  $\Lambda$  of the fiber will result in a Bragg wavelength shift [12, 18]. In the case of uniform FBGs,  $\Lambda$  stay constant throughout the total grating length,  $L_g$  and the reflected light is maximum at the Bragg wavelength  $\lambda_B$ , which is given by [12, 18]

$$\lambda_B = 2n_{eff}\Lambda\tag{1}$$

As we mentioned in the pervious section, in POF Bragg grating,  $n_{eff}$  can be change by many mechanisms such as ablation, bond breaking, photo-polymerization, cross-linking, and photoisomerization [18]. Independent to the mechanism that used, the change in  $n_{eff}$  is proportional to the time of exposure and to the ultraviolet intensity [18].

Since  $n_{eff}$  is temperature dependent, thus any change in the temperature will result in Bragg wavelength shifts. Based on (1), the shifts in the  $\lambda_B$  of a FBG due to the temperature change is given by [12]

$$\Delta\lambda_B = 2 \left( \Lambda \frac{\partial n_{eff}}{\partial T} + n_{eff} \frac{\partial \Lambda}{\partial T} \right) \Delta T$$
(2)

Replacement of  $\frac{\partial n_{eff}}{\partial T} = \xi n_{eff}$ , where  $\xi$  is the thermo-optic coefficient of the fiber core,  $\frac{\partial \Lambda}{\partial T} = \alpha \Lambda$ , where  $\alpha$  is the thermal expansion coefficient of the fiber material, and  $\Delta T$  is the temperature change gives

$$\frac{\Delta\lambda_B}{\lambda_B} = (\xi + \alpha)\Delta T \tag{3}$$

The effective refractive index variation of the Bragg grating is given as [129]

$$n_{eff}(z) = n_{eff} + \Delta n_{eff}(z) \left[ 1 + m \cos\left(\frac{2\pi}{\Lambda}z\right) \right]$$
(4)

where  $\Delta n_{eff}$  (z) is the "dc" index change spatially over a grating period, and *m* represent the grating modulation index. Coupled-mode theory has been used as a powerful tool to describe the optical prosperities of most gratings. The inter-coupling between forward propagation field A(z) and backward propagation field B(z) can be written as [18]

$$\frac{dA}{dz} = i \left( \delta + \frac{2k_c}{m} - \frac{1}{2} \frac{d\phi}{dz} \right) A(z) + ik_c B(z)$$
(5)

$$\frac{dB}{dz} = -i \left( \delta + \frac{2k_c}{m} - \frac{1}{2} \frac{d\phi}{dz} \right) B(z) - ik_c^* A(z) \tag{6}$$

where the amplitudes *A* and *B* are defined as  $A(z) = A(z).\exp(i\delta z - \phi/2)$ ,  $B(z) = B(z).\exp(-i\delta z + \phi/2)$ . In these equations,  $k_c$  is the coupling coefficient between forward and backward waves,  $\delta$  is the deviation of propagation constant  $\beta$  from the Bragg condition, which is independed of z for all FGs, is given as [12]

$$\delta = \beta - \beta_0$$
  
=  $\beta - \frac{\pi}{\Lambda}$   
=  $2n_{eff} \left( \frac{1}{\lambda} - \frac{1}{\lambda_B} \right)$  (7)

Finally, the factor  $(1/2)d\phi/dz$  represents the chirp of the grating period. The term inside the parenthesis in (5) and (6) is the dc self-coupling coefficient, and is given by  $\hat{\sigma} = (\delta + 2k_c/m - d\phi/2dz)$ [36]. For single-mode Bragg grating reflector with sinusoidal variation of effective index change along the fiber axis, we can use the simple relation for the coupling coefficient  $k_c$  [12]

$$k_c = k_c^* = \frac{\pi}{\lambda_B} \left( \Gamma \Delta n_{eff} \right) \tag{8}$$

where  $\Gamma$  is the fraction of the fiber mode power that contained in the gratings fiber. For uniform Bragg grating along fiber axis,  $\Delta n_{eff}$  and  $k_c$  are constants, and  $d\phi/dz = 0$ . Thus, (5) and (6) are coupled first order-ordinary differential equations with constant coefficients, for which a closedform solution for a uniform FBGs of length  $L_g$ can be found by assuming that  $A(-L_g/2)$  and  $B(L_g/2)$ . Depending to the schematic diagram shown in Figure 1, the relations of the A and B at the two ends of grating fiber can given as





$$\begin{bmatrix} A(-L_g/2) \\ B(-L_g/2) \end{bmatrix} = \begin{bmatrix} \psi & \varsigma \\ \varsigma^* & \psi^* \end{bmatrix} \times \begin{bmatrix} A(L_g/2) \\ B(L_g/2) \end{bmatrix}$$
$$= \begin{bmatrix} \cos(\Omega L_g) - i\frac{\zeta}{\Omega}\sin(\Omega L_g) \\ i\frac{k_C}{\Omega}\sin(\Omega L_g) \\ \sim \\ -i\frac{k_C}{\Omega}\sin(\Omega L_g) \\ \cos(\Omega L_g) + i\frac{\zeta}{\Omega}\sin(\Omega L_g) \end{bmatrix} \times \begin{bmatrix} A(L_g/2) \\ B(L_g/2) \end{bmatrix} (9)$$

Then, the amplitude reflection coefficient  $\rho = B(-L_g/2)/A(-L_g/2)$  can be obtain by imposing the boundary conditions as

$$\rho = \frac{ik_c \sin(\Omega L_g)}{\Omega \cos(\Omega L_g) - i\zeta \sin(\Omega L_g)}$$
(10)

Where  $\Omega = \sqrt{k_c^2 - \zeta^2}$ . The power reflection coefficient *R* of the grating fiber is equal to the square of the magnitude of the complex amplitude reflection coefficient given in (10). Moreover, the first derivative of the Bragg grating reflection coefficient phase  $\varphi_r$  with respect to the frequency  $\omega$  is identified as a time delay  $\tau_r$  for the light reflected off of a grating. Thus,  $\tau_r$  is given as [29, 36]

$$\tau_r = \frac{d\varphi_r}{d\omega} = -\frac{\lambda^2}{2\pi c} \frac{d\varphi_r}{d\lambda}$$
(11)

In (11), c is the speed of light in vacuum.

#### **III. RESULTS AND DISCUSSION**

Figure 2 (a) and (b) shows the wavelength dependence of the transmission and reflection spectra response for three different values of  $kL_g$ SOF-POF Bragg for gratings at room temperature, respectively. The reflection and transmission peak values are obtained by adjusting  $k_c$  in equations (5) and (6). As shown, the reflectivity is maximum at the designed wavelength ( $\lambda_B$ ) and by increasing the  $kL_g$  value, the peak reflectance will increase due to increase the reflection light from the grating plants and the bandwidth of the Bragg reflector (i.e. the width between the first zeros on either side of the maximum reflectivity [12]) becomes narrower. This indicates that the bandwidth of the grating reflector can be tuned to a desired value by varying the  $kL_g$  value. Also, results observe that for the same value of  $kL_g$ , the bandwidth for SOF Bragg gratings is narrower with lower reflectivity than that for the POF Bragg gratings.



Figure 2 Reflection (red curves) and transmission (blue curves) spectral response versus wavelength for (a) SOF Bragg gratings and (b) POF Bragg gratings, respectively.

Figure 3 (a) and (b) shows the reflectivity and time delay,  $\tau_r$  responses for three different values of  $kL_g$  for SOF-POF Bragg gratings at room respectively. Clearly, temperature, both reflectivity and  $\tau_r$  are symmetrical about the designed wavelength  $(\lambda_B)$ . As shown, by increasing the  $kL_g$ value, deceasing  $\tau_r$ significantly due to reduce the rate change in the phase of the reflected light and reach its minimum value at the  $\lambda_B$  for both SOF and POF. In addition,  $\tau_r$  becomes appreciable near the band edges and side lobes of the reflection spectrum, where it tends to vary rapidly with wavelength. Also, results shown that the  $\tau_r$  for POF Bragg gratings is less than that for SOF Bragg gratings at the same value of  $kL_g$ . For example, when  $kL_g$ = 1, the  $\tau_r$  at the  $\lambda_B$  for POF Bragg gratings is 18.7 ps compare with 73.6 ps for SOF Bragg gratings. Furthermore, when  $kL_g$  increases to 3, the  $\tau_r$  for POF Bragg gratings decreases to 10.1 ps compare with 32 ps for SOF Bragg gratings. This means that, for the same value for  $kL_g$ , the rate change in the phase of the reflected light in the POF Bragg gratings is less than that for the SOF Bragg gratings.



Figure 3 Reflections (red curves) and delay time (blue curves) spectral response versus wavelength for (a) SOF Bragg gratings and (b) POF Bragg gratings, respectively.

Figure 4 (a) and (b) shows the effect of temperature variation on the reflection (red curves) and transmission (blue curves) spectral response for SOF-POF Bragg gratings for different values of  $kL_g$ , respectively. In this study, the temperature effect on the spectral response of a uniform Bragg grating reflector is investigated according to its effect on the effective refractive index of the fiber. The temperature dependent of the fiber refractive index is defined as [6]

$$X(T) = X_o + \frac{\partial X}{\partial T} (T - T_o)$$
(12)

where  $X_o$  is the initial value found at the reference temperature  $(T_o)$ , which in this study is considered at the room temperature ( $T_o = 25$  °C). As shown, the reflection and transmission spectra responses are symmetric around  $T_o$  and the peak value of the reflectivity occurs at  $T_o$ . This result is consistent with (12). In addition, the reflectivity of SOF Bragg gratings with  $kL_g = 1$  is decreases significantly from 58% to 0.05% by changing temperature  $\Delta T = 10^{\circ}$  C (from 25 to 35°C). In contrast, by changing temperature  $\Delta T = 50^{\circ} \text{ C}$ (from 25 to 75°C), the reflectivity of POF Bragg gratings decrease from 60% to 15%. While, by increasing the  $kL_g$  from 1 to 3, the SOF reflectivity reduces from 99% to 6.5% comparing with the reduction in the POF reflectivity from 99% to 89%. This results is consistent with that given in Figure 2 about the effect of  $kL_g$ . In addition, Figure 4 shows that the POF Bragg gratings have high stability with temperature compare with that for SOF Bragg gratings. This preference for POF Bragg gratings is due to the negative and large thermo-optic coefficient compare with that for SOF. Furthermore, Figure 4 shows the superiority of high temperature tunable POF Bragg gratings against the SOF Bragg gratings. Moreover, the spectrum bandwidth of the POF Bragg gratings is larger than that for the SOF Bragg gratings with temperature variation, especially with the increase of the  $kL_g$ , where by increasing  $kL_g$  from 1 to 3, the range of temperature operation for the first zero of the

reflection spectral is increase.

 $\kappa L_g = 1$ 0.8 0.5 Fransmitivity Transmitivity Reflectivity Reflectivity 0 0.4 040. 0.2 0.2 0 0 - 20 10 15 20 25 30 35 40 45 50 0 20 40 60 80 100 120 5 0  $\kappa L_g = 2$ 0.8 0.8 Reflectivity ransmitivity Reflectivity ransmitivity 0.6 0.6 0.4 0.4 0.2 0.2 5 10 15 20 25 30 35 40 45 - 20 20 40 60 80 100 0 ĸl 0.8 0.8 Reflectivity ransmitivity Reflectivity 0.6 0.6 0.4 0 02 02 -205 10 15 20 25 30 35 40 45 5 0 20 40 60 80 100 120 Temperature (°C) Temperature (°C) (a) (b)

Figure 4 Reflection (red curves) and transmission (blue curves) spectral response verses temperature variation for (a) SOF Bragg gratings, and (b) POF Bragg gratings, respectively.

Figure 5 (a) and (b) shows the effect of temperature variation on the reflectivity and delay time  $(\tau_r)$  spectral response for SOF-POF Bragg gratings for different values of  $kL_g$ , respectively Based on (12), the minimum value of the  $\tau_r$  is occurs at the reference temperature  $T_o$ , where the reflectivity is maximum and the change in the phase for the reflected light is at the minimum value. In addition, the temperature operation

range for low  $\tau_r$  in POF Bragg gratings is greater than that for SOF Bragg gratings.



Figures 6 and 7 shows the effect of temperature variation on the spectral response for SOF-POF Bragg gratings for two different values of the fiber index modulation ( $\Delta n$ ), respectively. Although the range of temperature operation is large for the grating length ( $L_g$ ) is equal to 1 mm



as shown in Figure 6, however; the peak value of the reflectivity is very low; where is around 4%. In contrast, the peak reflectivity value increases to around 60% when the  $\Delta n$  value increases to  $5 \times 10^{-4}$  as shown in Figure 7 due to induced the refractive index of the core of the optical fiber as given in (4) which leads to increase the cumulative interference between the reflected light. In addition, the grating bandwidth is length limited (the case of weak grating; i. e. the index of refraction change is weak), specifically more for the SOF Bragg gratings. in other words the bandwidth of weak grating is limited by their length, where with the increase of the  $L_g$ , the grating bandwidth is change. In contrast, when the  $L_g$  increases to 5 mm and 10 mm with  $\Delta n$ value equal to  $5 \times 10^{-4}$ , the SOF Bragg gratings bandwidth becomes length independent ( i. e. strong grating). This mean that the bandwidth is similar wether measured at the band edges, at the first zeros or as the full width half maximum.

Finally, Figures 8 and 9 shows the effect of temperature variation on the time delay  $(\tau_r)$  spectra for SOF-POF Bragg gratings with  $\Delta n$  equal to  $1^{x}10^{-4}$  and  $5^{x}10^{-4}$ , respectively. It is observed that for  $1^{x}10^{-4}$  index modulation, by increasing the  $L_g$  from 1 mm to 10 mm, the peak  $\tau_r$  increasing. In contrast, for  $5^{x}10^{-4}$  index modulation, the increasing in the peak value of the  $\tau_r$  with  $L_g$  is reduced. It is clear from the results that given in Figures 6–9, the temperature operation range for high reflectivity and lower

time delay for POF Bragg gratings is greater than that for SOF Bragg gratings

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Figure 6 Reflection (red curves) and transmission (blue curves) spectral response verses temperature variation with  $\Delta_n = 1 \times 10^{-4}$  (a) SOF Bragg gratings, and (b) POF Bragg gratings, respectively



Figure 7 Reflection (red curves) and transmission (blue curves) spectral response verses temperature variation with  $\Delta_n = 5^{x}10^{-4}$  for (a) SOF Bragg gratings and (b) POF Bragg gratings



Figure 8 Reflection (red curves) and time delay (blue curves) spectral response versus temperature variation with  $\Delta n = 1 \times 10^{-4}$  for (a) SOF, Bragg gratings and (b) POF Bragg gratings



Figure 9 Reflection (red curves) and time delay (blue curves) spectral response versus temperature variation with  $\Delta n = 5^{x}10^{-4}$  for (a) SOF Bragg gratings and (b) POF Bragg gratings

#### V. CONCLUSION

The present work constitutes the first study on temperature effect on the polymer optical fiber (POF) Bragg gratings spectral response. Due to the unique large and negative temperature coefficient of the POF Bragg gratings, the spectral response showed high stability with temperature change compare with that for silica optical fiber (SOF) Bragg gratings. For example, with  $kL_g = 1$ , the reflectivity of SOF Bragg gratings is decreases significantly from 58% to 0.05% by changing temperature  $\Delta T = 10$  °C (from 25 to 35 °C). In contrast, by changing temperature  $\Delta T = 50$  °C (from 25 to 75 °C), the reflectivity of POF Bragg gratings decrease from 60% to 15%. With the increase of the  $kL_g$  to 3, by increasing temperature from 25 to 35 °C, the SOF Bragg gratings reflectivity reduces from 99% to 6.5% comparing with the reduction in the POF Bragg gratings reflectivity from 99% to 89% by changing temperature from 25 to 75 °C. Results show that, by increasing  $kL_g$ , the peak reflectance value increases; the bandwidth of the Bragg reflector become narrower and  $\tau_r$  deceasing significantly and reach its minimum value at the designed wavelength ( $\lambda_B$ ). Also, the peak reflectivity value increases to around 60% when the  $\Delta_n$  value increases from  $1 \times 10^{-4}$  to  $5 \times 10^{-4}$ .

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